ECMO na OAilT – fanaberia czy konieczność ?

ECMO in ICU a fancy toy or a necessity?

AW Sosnowski Heart Link ECMO Center Glenfiled Hospital Leicester

Extra-Corporeal Membrane Oxygenation

ECMO

A technique of extra-corporeal life support which uses heart-lung bypass techniques for days or weeks to support heart or lung function in the Intensive Care Unit.

What is ECMO – Extra Corporeal Membrane Oxygenation ?

- 1. Extra Corporeal Life Support ECLS
- 2. Extra Corporeal Lung Assist ECLA
- 3. Extra Corporeal CO2 Removal ECCO2R
- 4. Cardiopulmonary Support CPS
- 5. Extra Corporeal Cardiopulmonary Resuscitation ECCPR



ECMO

What is required

- 4. Equipment
- Percuteneous ECMO canulae
- Roller or cetrifugal pumps
- Membrane oxygenator
- Heat exchanger
- ECMO circuit





Disadvantages of mechanical ventilation



- high PO2 oxytrauma
- high pressure barotrauma



Dr & Mrs Gibbon with their CPB machine



FIGURE 3.4 The first successful extracorporeal life support patient, treated by J. Donald Hill using the Bramson oxygenator (foreground), Santa Barbara, 1971.

The death of ECMO

Zapol et al JAMA 242:2193-96,1979

- NIH study mid 70's
- National multicentre trial
- 90 patients (42 ECMO vs 48 conventional care)
- Entry criteria PaO₂ < 50 mmHg on 100% FiO₂
- Conventional and ECMO group death rate near 90%
- RIP ECMO :- Nice idea shame about the deaths



FIGURE 3.6 The first successful neonatal ECMO patient (Esperanza), treated by Bartlett and Gazzaniga at Orange County Medical Center. (A) The patient on ECMO (May 1975) and (B) at age one.



History of ECMO

1984 Bartlett Trial
1986 Gattinoni ECCOR Series
1988 ELSO Database
1989 O'Rourke Trial

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UK Collaborative Neonatal ECMO Trial

- 1992- Heart Link ECMO centre in Leicester exhausted charitable funding
- Prime Minister's question time
- Meeting with Government's Chief Scientist at DOH
- Trial Steering Committee formed with the Oxford Perinatal Trials Service
- Protocol agreed and funded

UK Collaborative Trial 1992-1995

- fully randomised trial of ECMO vs conventional therapy for neonatal respiratory failure
- primary end point; death or severe disability at 1 year
- survival to hospital discharge
- pre-school assessment at 4-5 years

Neonatal ECMO UK COLLABORATIVE TRIAL

Prospective randomised trial, 1992-95 Second report

		185	patients	5		
	ECMO (93 patients)				Conventional Care (92 patients)	
Survival at discharge 66 patients				ę	Survival at discharge 38 patients	
	Survival at 1 ye ithout severe dis 63 patients	ar abilit	y		Survival at 1 year without severe disability 37 patients	

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- Clinical Education Centre Librar Glenfield Hospital. - Please do not remove this journe

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Romance, poetry, and surgical

".....although ECMO is of benefit, ultimately the use of this technique is considered an undesirable outcome."

Soll RF, Lancet 1996.348:70.

Results – General health

	60		35		
Asthma	25		27		
	14		22		
Bronchodilators Home oxygen			1		

For those who do not think that ECMO works !



Conclusion from the past

- Still a randomised control trial was required looking at ECMO in the current era
- Measure against improved ITU management post ARDS
- Years spent planning trial
- Team that successfully proved neonatal ECMO works driving force behind the trial (heart link ECMO centre Glenfiled Hospital Leicester)

Conventional Ventilation or ECMO for Severe Adult **Respiratory Failure**

CESAR TRIAL

- Recruitment July 2001 to August 2006
- Enquiries about 766 potentially eligible patients from148 centres
- 180 of these patients (90 in each arm) randomised from 68 centres





Stratified analyses



- Benefit of ECMO seen regardless of :
 - Hospital of trial entry (CTC/RH)
 - Age (18-30/31-45/46-65)
 - Hypoxic/hypercarbic
 - Duration of high pressure ventilation/high Fi02 (<48/>48 hours)
 - Primary diagnosis at trial entry (pneumonia/other ARDS/trauma/other)
 - No. of organs failed $(1-2/\geq 3)$

CESAR-Conclusions



- ECMO increases survival for adult patients with severe but potentially reversible respiratory failure
- 1 extra survivor for every 6 patients treated



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Map produced: 15 May 2009 06:00 GMT

ECLS Registry Report

International Summary July, 2015



Extracorporeal Life Support Organization 2800 Plymouth Road Building 300, Room 303 Ann Arbor, MI 48109



Why should we develop ECMO program ?

ECMO has got established role as a treatment in a severe respiratory failure in all patients, from neonatal to adults.

There is increased activity with ECMO as an adjunct to surgery for congenital heart disease and as a cardiac support in acute heart failure. Increased use as a support in complex thoracic/vascular/oncology surgery

Circuits have become more user friendly with the development of the low resistance oxygenators and long term centrifugal pumping systems.

ECMO remains a challenging evolving support technique and is an important and obligatory adjunct to modern Intensive Care and Operating Theatre.



