

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

The quarterly *Family Medicine & Primary Care Review* has been included in the Emerging Sources Citation Index (ESCI, Clarivate Analytics) and the EBSCO database; starting from 2016, all publications are indexed and abstracted in these databases. The current issue of our quarterly continues to follow the goals set down years ago: research involving evidence-based practice and education which becomes a support for the daily practice of primary care physicians. Family medicine is presently regarded as the basis of the healthcare system, regardless of country or continent. It continues to strengthen its position as an academic and scientific discipline and as a healthcare specialty with its own educational

content, scientific research, body of accepted data, and clinical activity oriented towards primary care. We, the primary care physicians working within more and less modern healthcare systems, follow the main principles of family medicine: coordination, versatility, and effective cooperation between specialists of different fields. The present issue is the result of cooperation between family doctors and experts in other disciplines from around the world. I am sure it will not only support our readers in their scientific projects, but will also be a source of practical information suitable for the everyday care of patients.

This issue begins with original papers on job satisfaction among masters in nursing in Central and East Poland: a preliminary study; evaluation of the Trust in Physician Scale (TIPS) of primary health care patients in north-east Poland: a preliminary study; moderate and severe pharyngitis in young adult inhabitants of Poznan, western Poland; the influence of physiotherapy on blood pressure in children and adolescents with respiratory tract diseases; the influence of selected sociodemographic data on coping with stress by parents of hospitalized children; pregnant and active – suitability of the Pregnancy Physical Activity Questionnaire for measuring the physical activity of pregnant women in Poland; the results of the “Blue Cards” questionnaire analysis with respect to the incidence of violence among the elderly; current status of intestinal parasitic infections among inhabitants of Ghazni and Parwan provinces, Afghanistan; influence of risky and protective behaviors connected with listening to music on hearing loss and the noise induced threshold shift among students of the Medical University of Bialystok; impact of demographic factors on usage of stress coping strategies chosen by elderly people; the relationship between the value of health and health behaviors in individuals over 65 years of age and experiences of family physicians after a CME ultrasound course.

The reviews section in the current issue includes an article on the application of neuromuscular electrical stimulation of the lower limb skeletal muscles in the rehabilitation of patients with chronic heart failure and chronic obstructive pulmonary disease, as well as a review of multiple primary malignancies.

We especially encourage you to familiarize yourself with the study in the CME section covering the prevention and treatment of pressure ulcers with the most recent recommendations of the European Pressure Ulcer Advisory Panel.

At the beginning of this new year of 2017, I would like to thank you – all of our Authors, Reviewers, Thematic Editors, and Members of the Editorial Board – for your extraordinary efforts in the previous year, which resulted in increasingly high-quality articles and high scores for our quarterly from the Polish Ministry of Science and Higher Education (12 points) and Index Copernicus (ICV 2015: 106.31). Our main purpose is to support our authors and to consistently improve the factual level of our publications. We therefore encourage you to submit the outcomes of your research projects and to liaise with the Editorial Board of *FM&PCR*. The Thematic Editors and Members of the Editorial Board will gladly assist you in the successive stages of submitting articles via our editorial system, as well as during the review process and editorial work. I would also like to encourage you to meet with the Members of the Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, conventions, and congresses, and at the Continuo Publishing stands which can be found at training courses throughout Poland! I also invite you to take part in the Sixth Congress of the Polish Society of Family Medicine, which will be held in Wroclaw from 29 September to 1 October 2017. We also encourage you to submit articles that provide more details on the issues you will discuss in your presentations at that congress. All such papers receiving the approval of the Reviewers will be published in *FM&PCR* issue 03/2017.

On the occasion of the New Year 2017 and on behalf of the Editorial Board of *Family Medicine & Primary Care Review*, I wish you find time to spend with your loved ones, as well as perseverance in carrying out your passion and research projects associated with the realities of family medicine, which will result in publications in the pages of *FM&PCR* in subsequent years.

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**Ministry of Science
and Higher Education**

Republic of Poland

The digitization of the quarterly *Family Medicine & Primary Care Review*, the creation of the English version of the quarterly *Family Medicine & Primary Care Review*, and ensuring the originality of the published content in the *Family Medicine & Primary Care Review* are funded under agreement P-906/DUN/2016 from the funds of the Ministry of Science and Higher Education allocated for science promotion.