

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

We hope you all enjoyed World Family Doctor Day! This celebration, held annually on May 19, was established by WONCA in 2010. Its goal is to shine a light on the contribution of family doctors to health care systems everywhere around the world. It is an acknowledgment of the central role of our specialty in delivering comprehensive, personal, continuing health care for all patients.

May 19, as well as hosting World Family Doctor Day, is also the publication date of this year's second issue of *Family Medicine & Primary Care Review*. You'll see some changes in our pages, involving not only our journal, but also family medicine itself. For the last two decades, family medicine has been carried out by specialists, in line with the recommendations of the World Health Organization. It has in this way constituted the foundation of health care systems everywhere, at the same time remaining a medical specialty and a scientific discipline in its own right, each with its own research, evidence base, clinical activity, and educational content, focusing on primary care regardless of locality. For last two decades, the pages of *FM&PCR* have emphasized that a clinically effective and cost-effective health care system is based on coordination, versatility, and intradisciplinary co-operation. This issue continues our mission, and is the fruit of cooperation between family doctors and experts in other disciplines around the world. We hope that it can help you in your own research projects on the border of family medicine and other specialties, but also as a source of practical information that will prove useful in everyday practice.

This issue still has the same aims as our first issue two decades ago: to publish research into evidence-based practice and education, in order to support primary care physicians' everyday practice. We doctors working in primary care, whether in more modern or and less modern healthcare systems, still follow the main principles of family medicine: versatility, coordination, and effective cooperation between specialists in different fields, while always working to extend patient engagement and empowerment.

This issue includes original papers on the problem of domestic violence against children; psychosocial problems in patients with 22q11.2 deletion syndrome; eye health myths, misconceptions and facts; the satisfaction level of the urban poor with health care services for child delivery; an investigation of the incidence rate of bradycardia caused by nasopharyngeal irritation and its related factors in adenoidectomy surgery; parasomnias and obstructive sleep apnea syndrome and the search for a parasomnia-evaluation tool appropriate for OSAS screening; sociodemographic variables, health-related behaviors, and disease characteristics in patients with psoriasis; a motivational interview of middle-aged women on taking the Pap test; brief alcohol intervention and health-related quality of life among primary health care patients in Estonia; factors in the subjective assessment of the effectiveness of physiotherapy: a study of patients with degenerative disease of the spine; identification of factors determining anxiety, depression, and aggression, with particular emphasis on pain in Polish adolescents and young adults with cystic fibrosis; the social and psychological background of dextromethorphan recreational use and poisoning; an algorithm for making decisions regarding the optimization of disease prediction at the primary health care level using neural network clustering; a situation analysis of South Africa's rural mental health human resource crisis, with a call for innovative task-shifting.

We especially encourage you to familiarize yourself with the recommendations of the Polish Society of Physiotherapy, the Polish Society of Family Medicine, and the College of Family Physicians in Poland for hip joint pain in primary health care, which appears in the CME section.

We wish to continue to support our authors and to consistently improve the quality of our publication. To this end, we request that you send us the results of your research projects. The Members of the Editorial Board and the Thematic Editors will be very happy to help you as your article passes through the review and editorial process. I also encourage you to talk to the Members of the Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, congresses, and conventions, as well as at the stands of Continuo Publishing, which you will find training courses throughout Poland. You are also invited to the Seventh Congress of the Polish Society of Family Medicine, in Wrocław on 12–14 October 2018, and also to the Eighth EURIPA Rural Health Forum, in Ma'ale Hahamisha, Israel, on 14–16 November 2018. The theme of this year's Forum is "The challenge of the vulnerable and ageing population in rural medicine".

In the last few weeks leading up to the summer, on behalf of the Editorial Board, I wish you moments of respite from the increasing demands of everyday life, as well as perseverance in your own passion. In particular, I hope that you will continue to work on research projects into the realities of family medicine, which will appear in the pages of *FM&PCR* over the coming months and years.

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