

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

The present issue of *Family Medicine & Primary Care Review* represents the consummation of our work in 2018. Our discipline of family medicine is now understood to be the foundation of the healthcare system, a healthcare specialty, and a subject of research with its own research activity, evidence-based practice, educational content, and clinical activity aimed at primary care. However, modern healthcare systems need to be versatile and to show cooperation and coordination, of family medicine and other specialists; another of its aims is to increase the empowerment of patients and to engage them further. This

issue is the best example of this, as it is the fruit of cooperation between family doctors and experts in many other disciplines. We hope that this issue will assist our readers in research, while also providing practical information that is relevant to everyday treatment and diagnosis.

This issue caps the first twenty years of our publication. From 1999 to 2018, we have published a total of 3104 articles on 15,462 pages over 78 issues and one supplement. We thank you all for being with us in our increasingly broad community. The introduction of DOI numbers, an open access policy, and the publication of full texts on our website mean that *FM&PCR* is now fully digitized. It is therefore more widely available to readers and can be expected to be more frequently cited in publications. Our Editorial System is an advanced tool for streamlining the admission, review, and management of articles, and is contributing to improving the online collaboration between authors, reviewers, and editors. As a result of these developments, the Polish Ministry of Science and Higher Education has awarded *FM&PCR* an increased total of 12 points. For a number of years, our publication has been visible in both European and global indexing databases, including the Thomson Reuters Emerging Sources Citation Index (ESCI) and the EBSCO database. Since 2016, every article in the journal has been abstracted and indexed in these databases. Since issue 3/2016, American English has been the publication language, and we have commenced cooperation with numerous researchers and health care professionals from abroad, as both reviewers and authors. This issue begins with an original article on the relationship between anthropometry, the ankle–brachial index, and blood glucose level in patients with type-2 diabetes mellitus at the Community Health Center in Medan, Indonesia. Other papers in this issue deal with a variety of topics: the prevention of diabetes in primary healthcare through a health policy program for early detection and prevention of diabetes and its complications in working individuals in Lubusz province, Poland; evaluation of the occurrence of anxiety in pregnant women, with regard to environmental conditions; exposure of premature newborns with respiratory failure to pain and touch on the first day of hospitalization in the Neonatal Intensive Care Unit; attitudes of pediatricians and family physicians to vitamin D supplementation for the pediatric population: when, how much, and at what dose?; the trends in malaria prevalence among children under five years of age in Hadiya Zone, southern Ethiopia: a five-year retrospective study; child vaccination at the Outpatient Clinic of the Pro Medica Center in Bialystok, Poland, 2013–2016; quality of life and physical activity among younger working-age residents of Wroclaw; an analysis of health behaviors and illness acceptance in patients with diabetes; factors affecting stunting among children under five years of age in Bangladesh; the use of the Core Content Classification in General Practice (3CGP) for qualitative analysis of context and practice; a ten-year study of undergraduate students' final projects for the Integrated Master's Degree in Medicine at the University of Coimbra; arterial hypertension as a factor in the choice of conflict resolution strategies by elderly people; an assessment of the association between antenatal care and child malnutrition in Bangladesh.

The reviews section in this issue includes an article on the need for a new model for the physician–patient relationship: a challenge for modern medical practice and current activities in the Smoke-Free Zone Policy in Indonesia.

We encourage all our readers to familiarize themselves with the article in the CME section describing a study of conflicts between individual freedom and community health safety: legal conditions on mandatory vaccinations and changes in the judicial approach in the case of avoidance.

At the end of the year, I would like to thank all our Authors, Thematic Editors, Reviewers, and Members of the Editorial Board. It is thanks to their great effort over the course of the year that we succeeded publishing even higher quality papers, leading to *FM&PCR* gaining a higher score from the Polish Ministry of Science and Higher Education (12 points) and from the Index Copernicus (ICV 2017: 124.56). This IC rating is similar to those received by Impact Factor journals. Our primary aim is to support all of our authors and to continuously improve the informational content of *FM&PCR*. To achieve this, we request that readers submit the results of their research projects and liaise with our Editorial Board, the Members of which, along with the Thematic Editors, will be delighted to help you as your paper passes through our Editorial System and also during the editorial work and review process. I also encourage all readers to meet the Members of the Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, conventions, and congresses. You can additionally meet us at the stand of Continuo Publishing located at training courses throughout Poland! Finally, I would like to take this opportunity to extend my invitation to the Congress of the Polish Society of Family

Medicine, which will be held in Wroclaw in 2019. We suggest that those of you who are planning to make presentations there also write articles that describe the issues in more detail; these articles will be published in issue 03/2019. With Christmas and the New Year approaching, on behalf of the Editorial Board of Family Medicine & Primary Care Review, I wish you both a peaceful time with your nearest and dearest, and of course much success in your work at the start of the New Year. May you persevere and fulfill your passions into the New Year, and continue to perform research into the realities of family medicine – research that will eventually bear fruit in the articles in next year's issues of *FM&PCR*!

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