

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

We hope that all our readers had an enjoyable World Family Doctor Day on May 19! This annual event has been celebrated since 2010, when it was begun by WONCA with the goal of highlighting the contributions made to health care systems everywhere by family doctors. It acknowledges the central role of this specialty in delivering personal, and comprehensive continuing health care for everyone.

May 19 is also the publication date of this, the second 2019 issue of *Family Medicine & Primary Care Review*. With this issue, there are some changes taking place in our pages, involve both the journal and family medicine itself. In line with the recommendations of the World Health Organization, family medicine has for last twenty years been performed by specialists and has constituted the foundation of health care systems everywhere. Yet it also remains a medical specialty and a scientific discipline in its own right, with its own evidence base, research, clinical activity, and educational aspect, focusing on primary care in every locality. *FM&PCR* has also emphasized over the last twenty years that cost-effective, clinically effective health care systems are based on coordination, versatility, and intradisciplinary co-operation. This issue, which has resulted from cooperation between family doctors and experts of other disciplines worldwide, continues and advances this mission. Our hope is that it will help you in your own research projects on the border between family medicine and other specialties, and that it will also act as a source of practical information, proving useful in everyday practice.

The current issue of *FM&PCR* preserves the goals of our first issue two decades ago: to publish research into education and evidence-based practice, so as to support the everyday practice of ourselves – physicians working in primary care. Whether we are active in more or less modern healthcare systems, we all nonetheless follow the main principles of family medicine: coordination, versatility, and effective cooperation with specialists in different fields, always working to extend patient empowerment and engagement.

This issue includes original papers on the relationship of electronic device usage with obesity and speech delay in children; caregiver burden and the role of social support in the care of children with cystic fibrosis; effectiveness of psychoeducation on knowledge of schizophrenia and caregivers' burden among caregivers of patients with schizophrenia; misconceptions about sexual intercourse during pregnancy: cognitive-behavioral counseling in prenatal care; the effect of hypoxia on exercise tolerance in individuals with acute coronary syndrome treated with angioplasty combined with coronary stent implantation: a pilot study; physical options in the treatment of chronic abdominal pain in patients with peritoneal adhesions; relation of health status to distress and job-related risk factors; impact of loneliness in the elderly in health care: a cross-sectional study of an urban region of Portugal; short-term hearing results in adults who have undergone stapedotomy; assessment of the perception of physicians concerning antibiotic use and resistance, along with factors affecting the prescription of antibiotics: a situational analysis from Pakistan; options for implementing the professional competencies of physical therapists working in teams of rehabilitation specialists in education and health protection systems; assessment of the functioning of the health care system in Poland in light of an analysis of hospital emergency departments and primary health care: proposed systemic solutions; factors affecting the decision to change a family physician; evaluation of patient referrals to family physicians in Georgia.

The reviews section contains a paper on unfinished first-line tuberculosis treatment in primary care in Indonesia. In particular, we suggest that you familiarize yourself with the recommendations for the treatment of Influenza in Children for Primary care Physicians (COMPAS INFLUENZA).

We hope to continue to support our authors and to improve the quality of our publication from issue to issue. We therefore ask you to contribute the results of your research projects. Both our Thematic Editors and the Members of the Editorial Board will be very happy to help you with your article as it undergoes the review and editorial processes. We also encourage you to engage with our Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, congresses, and conventions, as well as at Continuo Publishing stands at training courses throughout Poland. The Eighth Congress of the Polish Society of Family Medicine is also happening in Wrocław on 11–13 October 2019; we also recommend the Ninth EURIPA Rural Health Forum in Azores, Portugal, on 7–9 November 2019. The theme of this year's Forum is "Isolation and Rural Medicine: Innovation solutions for developing local health services".

In the last few weeks before the summer, and on behalf of the Editorial Board, we wish you moments of respite from the ever-increasing demands of everyday life. We also wish you perseverance in your own passion. In particular, we also hope that you can continue to work on research projects into family medicine, and that these will appear in *FM&PCR* over the coming months and years.

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