Instructions for authors

I. General
1. The Polish Heart Journal – Kardiologia Polska (Index Medicus/MEDLINE abbreviation: “Kardiol Pol”) publishes original papers, review articles, case reports as well as letters to the Editor, reviews of books and other materials.
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4. Authors submitting a manuscript on human experiments should state that their study complies with the Declaration of Helsinki, especially concerning medical ethics and prohibiting the subjects’ name, initials or hospital reference number from being disclosed. Information that the relevant ethics committee has approved the research protocol and that informed consent has been obtained from the subjects should appear in the Methods section. The authors of case reports should not disclose personal data of patients described, and in the case of photographs, written consent from a patient is needed.
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II. Specific
1. Original papers
Original papers should be written in English and should not exceed 12 pages (including text and references). Manuscripts should be double spaced, use 12-point font and have margins of 2.5 cm throughout. Pages should be numbered.
The title, full names of authors, affiliations, address for correspondence (including telephone and fax numbers and email address), abstract and key words should be included in the specific parts of the Editorial Panel. The abstract should be structured to include Background, Aim, Methods, Results and Conclusions.
Text should be divided into the introduction, methods, results and discussion sections.
Abbreviations should always be explained when used for the first time in the text (including the abstract). Do not use abbreviations in paper titles, unless in exceptional circumstances. Results of laboratory tests should be expressed in standard SI units.

References should start on a new page, include all sources mentioned in the text in the order cited and consist of (a) number, b) name and initials of the author(s) (names of the first three authors and then “et al.”), c) title, d) journal name using Index Medicus abbreviations, year, volume, first and last page, and for books: title and editor, place and year of publishing. References should be limited to major items only (preferably not more than 20). References in the text should be given in square brackets.

Each table should be placed on a separate page (one table per page) and numbered in sequence using Roman numerals. Each table should have a title and relevant explanations. The approximate location of the tables in the text should be indicated. Tables can be a part of the main text or may be electronically submitted in separate files (see Editorial Panel).

Figures and photographs should be numbered using Arabic numerals and submitted as separate files (see Editorial Panel). Each figure (photograph) should have a title and the approximate location in the text should be indicated. Photographs sent by panel should be of resolution of 300 dpi and in the *. tif or *. jpg format. Do not insert figures or photographs into a MSWord document. Figures and photographs are placed in the text as submitted, hence please make sure they are prepared carefully. If the figure (photograph) has already been published, the source should be specified and consent from the copyright holder should be obtained for its publication.

2. **Case reports** should not exceed 5 pages, including references, tables and figures.

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4. **Manuscript can be published only when that the authors comply with the requirements presented above. Papers submitted which do not adhere to the Instructions for authors will be returned for appropriate correction or rejected.**