Alper Sonmez MD Col. is a professor of medicine at the Gulhane Military Medical Academy Department of Endocrinology and Metabolism, Ankara. He completed his residency in internal medicine and fellowships in endocrinology at the same Academy and has been working as a faculty member for 14 years. Between 2005 and 2006 he was a visiting scholar in Stanford University Falk Cardiovascular Research Center. He has authored or co-authored over 100 publications generally about the role of inflammation, endothelial dysfunction and insulin resistance in chronic metabolic disorders mainly diabetes mellitus, obesity, hypertension, dyslipidemia and chronic kidney disease. He has been rewarded by several national and international societies; including the best oral presentation awards and travel grants from the European Renal Association, European Dialysis and Transplantation Association, Turkish Society of Vascular Biology and the Society of Endocrinology and Metabolism of Turkey. He is an active member of the Obesity, Lipids and Hypertension study group of the Society of Endocrinology and Metabolism of Turkey.